

VERISYSE IMPLANTABLE CONTACT LENS PREPARATION GUIDE

The following will guide you through each step prior to, during, and after the procedure.

YOUR APPOINTMENT

- ❑ Your arrival time is scheduled for _____ at _____. **This will be performed at the Specialty Surgery Center in Beverly Hills:**

9675 Brighton Way, Suite 100
Beverly Hills, CA 90210
310- 275-2339

- ❑ If you must reschedule or cancel your scheduled procedure, please notify us at least one week in advance.

BEFORE YOUR PROCEDURE

- ❑ Make an appointment to see your internist/primary care doctor as soon as possible. Your completed History and Physical evaluation form must be received by the Maloney Vision Institute at least one week prior to your scheduled procedure date.
- ❑ If you wear contact lenses, do not wear them in the eye that is going to be treated for 24 hours prior to your procedure.
- ❑ Arrange to have someone drive you home. You cannot drive yourself.
- ❑ Do not eat or drink for 6 hours prior to your procedure.
- ❑ Please remove all eye and facial make-up before you come in for your procedure. Do not wear fragrances, perfumes, colognes, scented lotions or gels on the day of your procedure.
- ❑ The cost of the procedure is \$4600 per eye; payment to Maloney Vision Institute must be made prior to the date of your procedure. You can pay for the procedure by cash, personal check, VISA, Master Card, Discover Card, American Express, or a pre-approved payment plan. *Payment plans must be applied for and approved at least one week prior to your procedure date.*

ON THE DAY OF YOUR PROCEDURE

- ❑ Do not drink any alcohol the day of your procedure.
- ❑ You are able to take your regularly scheduled medications as instructed by your primary care doctor with a small sip of water.
- ❑ Please bring a list of your medications with you to the surgery center on the day of your procedure.
- ❑ The procedure will take about 25 minutes. Your expected time of stay at the surgery center is 2 ½ hours.

AFTERCARE

- ❑ A detailed aftercare instruction sheet will be given to you the day of your procedure; start using the eye drops as indicated.
- ❑ If you have any aching, you may take Tylenol, Advil, Nuprin, or your preferred pain reliever.
- ❑ It is okay to rub the treated eye gently with a tissue.
- ❑ Your vision may be blurry for several days or longer. A mild or moderate amount of fluctuation of vision is normal.
- ❑ It is normal to experience irritation, light sensitivity, dryness, watering and scratchiness for about one week following your procedure.
- ❑ You may resume your regular diet and medication schedule.
- ❑ Do not swim or get into a hot tub/Jacuzzi/steam bath/sauna for one week after your procedure. You may shower or bathe freely.
- ❑ You may not wear eye make-up for 24 hours following your procedure. After 24 hours, if you wish to wear mascara or eyeliner, open fresh make-up; old mascara and eyeliner accumulate germs. You may resume wearing the make-up you already have after one week.
- ❑ Do not exercise for 48 hours. After 48 hours you may resume exercise but refrain from lifting heavy objects for one week after your procedure. Avoid activities where eye trauma is likely.
- ❑ If this is your first eye treatment, you may benefit from wearing your usual contact lens in the untreated eye.
- ❑ If you have any problems, we can be reached 24 hours a day by calling **(310) 208-3937**.